

Intent of the PE Curriculum at Pear Tree School

Pre-formal

Learners will develop an internal mapping and awareness of themselves and the different parts of the body and begin to understand how to use these in different ways, as well developing an awareness of their space and environment, developing coordination skills, control, manipulation and movements of the body in various ways and contexts.

Semi-Formal

Learners will develop skills and techniques and demonstrate an acquisition of fine and gross motor skills with more consistency when applying them to new experiences. They will transfer learnt behaviours in multiple physical activities and new contexts and develop their ability to express themselves and be creative, whilst also being supported to become more resilient and improve their confidence and self-esteem within a range of physical activities.

Formal

Learners will master skills and techniques that can then be applied, sequenced and used within a breadth of sporting activities, in game situations and for competition, whilst also developing the ability to work as part of a team and developing their leadership skills. Furthermore learners will consolidate all prior learning and further develop knowledge and understanding of different ways to get healthy and maintain a healthy lifestyle, understanding the positive effects this can have on the body and mind.