

Small changes, big differences.



FREE COURSE

Group Triple P Takes the guesswork out of parenting

New positive parenting course starts soon...

- **FOR PARENTS OF CHILDREN AGED 0-12**
- **TRIPLE P CAN HELP YOU:**

- encourage behaviour you like
- deal with problem behaviour
- become confident as a parent
- be realistic about parenting
- take care of yourself

DATE: 6 NOVEMBER- 18 DECEMBER 2020

TIME: 10AM-12PM

VENUE: ZOOM DELIVERY

PRESENTERS: LUCY HARRIS & TABITHA TAYLOR

BOOKINGS AND INFORMATION

Course consists of 4 group sessions delivered via zoom 10am-12pm (each Friday 6th Nov- Friday 18th Dec) two phone calls at a time to suit you, and one final group session delivered on Friday 18 December 2020. For more information contact Lucy Harris on 01772 535 145 or Lucy.Harris@lancashire.gov.uk or Tabitha Taylor on 01772 531125 or Tabitha.Taylor@lancashire.gov.uk

www.triplep-parenting.net

Lancashire
County Council



Children and Family
Wellbeing
Service